INSTRUCTIONS FOR USE

Organic Moringa Vita Verde

Vita Verde Organic Moringa

Food supplement containing organic moringa leaf powder.

Ingredients: Organic *Moringa oleifera* leaf powder (100%).

Recommended daily portion: 2 to 6 g (1 to 3 teaspoons).

How to use: Mix into a drink, smoothie or food. Start with 2 g and build up to no more than 6 g a day. It tastes a little like spinach and arugula, so it works well in smoothies, soups, curries, and dosa or roti batter.

Warnings: Do not exceed the recommended daily dose. Keep out of reach of children. Intended for adults. If you are pregnant, breastfeeding, taking medication or have a health condition, consult your doctor before use. Do not use if the packaging is damaged or open. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

Storage: Store tightly closed in a cool, dry place (up to 25 °C), away from direct light and moisture. Close the pouch tightly after each use.

Composition

Moringa (*Moringa oleifera*)

100% organic moringa leaf powder. The moringa leaf is the **most nutritious part of the plant**, as it naturally contains an exceptionally wide spectrum of micro- and macronutrients.

The distinct characteristic of moringa is its **high content of plant-based proteins** – dried leaves can contain approximately **25–30% protein by dry weight**, placing it among the most nutrient-dense plant sources.

Even more importantly:
moringa is among the rare plant sources that **naturally contain all 9 essential amino acids**, which means it provides a complete amino acid profile.

In addition, it contains:

- vitamins (vitamin A, vitamin C, vitamin E, as well as B vitamins)
- minerals (calcium, iron, magnesium, potassium)

- plant compounds such as chlorophyll, carotenoids, and polyphenols

Thanks to this combination, moringa is often used as part of dietary approaches aimed at:

- supporting everyday nutrition
- supplementing micronutrient intake
- establishing a stable nutritional foundation

Its intense green color reflects the abundance of chlorophyll and other bioactive compounds that make up its comprehensive nutritional value.

Today, moringa is considered one of the most valued plant raw materials in modern dietary approaches, not because of a single property, but because of its **overall nutritional density**.

Junai Vita Verde is sourced from carefully selected leaves, which are gently dried and ground into a fine powder, thereby preserving the plant’s natural structure and nutritional composition.

Pure Composition

- 100% organic moringa
- no added sugars
- no artificial additives
- no fillers

Suitable for

- vegans
- vegetarians

Does not contain

- GMO
- Allergens*

*All products are formulated without the most common allergens to minimize the risk of allergic reactions. May contain traces due to the packaging process.

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